

Internet is Not Safe, Effective nor Legal

Educational institutions should be held to a **high moral standard** when creating safe and healthy learning environments for students. Until such time as the internet is safe and is a proven education tool, all screens should be banned from schools.

Schools should be using **ONLY research evidenced** analog programs (paper, book, encyclopedias) which are created by **qualified** educational professionals. Academic outcomes should guide educational programming and when something **isn't working**, it should be changed. When schools **break the law**, they should be held liable.

Education universities need to ensure ALL teachers know how to **build foundations** for learning and literacy without screens, as well as instruct teachers on **how to teach** writing (including cursive), reading and math.

Recess should be mandatory, nature access abundant, and playgrounds should be developmentally challenging with sufficient risk to **build resilience**.

Counsellors should be abundant and human.

What Can You Do?

Ask your **school** “Why do you continue to use a product that is not safe, not effective and not legal”? **Parents**, tell your child’s teacher that until screens are banned in schools, you’d like to opt out of all programs that require screens. **Teachers**, tell your student’s parents that they are not safer with cell phones. Demand your **governments** enact a **5% reparation tax** on the technology industry to repair damage to children. Use that money to pay for books, teacher training, counsellors, cool playgrounds for children and fit core structures for teens, free recreation centres, field trips etc.

Cite loads of research to ALL of above:

- 2023 study of 150, 000 4th graders found even as little as 30 min. screens per day at school had a negative impact on reading.
- *Trends in International Math and Science Study* reported that increasing screen use at school resulted in lower test performance scores.
- *The Evidence Base of AI in K-12 – A 2026 Review* looked at over 800 studies and did not identify ANY high-quality studies to support the use of AI in grades K-12.
- Download and distribute *Reconnect Webinars Fact Sheet* with > 600 research references.

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Why Schools Should be Screen Free



What every parent and teacher should know regarding perils associated with screens in schools.

This brochure was written by pediatric occupational therapist and biologist Cris Rowan.

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